

LUNCH

THURSDAY, MAY 1, 2025

MEATLOAF w/brown sauce



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
250	350mg	23g	15g	6g	60mg	1g

BBQ CHICKEN THIGH

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
160	250 mg	22g	5g	6g	105mg	0g

cashew

BEAN ENCHILADA BAKE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
260	900mg	12g	6g	40g	0mg	7g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

THURSDAY, MAY 1, 2025

PO' BOY SANDWICH sesame

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
475	1100mg	15g	25g	48g	65mg	1g

CHEESE RAVIOLI W/ BOLOGNESE SAUCE

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
266	950mg	16g	14g	19g	85mg	2g

CHEESE RAVIOLI W/ MARINARA

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
380	920mg	16g	18g	43g	60mg	6g

LOUISIANA BEAN STEW

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
150	566mg	9g	1g	26g	0mg	7g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen